



## Visit Days

Students who are interested in a career in athletic training are encouraged to visit campus to talk to TLU's athletic training faculty and students, ask questions, attend a class and tour the athletic training clinic.

### Joshua Jaime '19 U.S. Air Force Special Warfare Athletic Trainer at Joint Base San Antonio Lackland

"TLU's Master of Athletic Training program not only gave me the knowledge I needed to be a good clinician, but it also gave me the confidence I needed to make decisions on my own with the amount of autonomy I was given as a student. TLU stands out among the other athletic training programs because of the wide variety of opportunities given to you. No matter where I have been, someone knows an athletic trainer that has graduated from the TLU program, and they have all spoken highly of them no matter the setting they are in."

***"Athletic training is the only occupation where you're there from the initial stage of injury to the return to training stage. Being there for the emergency management phase of an injury, then going through the entire evaluation process, helping someone during their rehabilitation process, and finally seeing them go back into training and succeeding at what they do is the most satisfying experience."***

Individual and group athletic training visits can be scheduled in either the fall or spring semesters. Visitors typically are able to tour the campus, meet with an admissions representative, and observe TLU Athletic training staff and students in the athletic training clinic during the afternoon.

## Home Football Game Visit

During the fall football season, prospective students are welcome to visit during one of TLU's Saturday home football games. You will get to know our staff and current students, and observe the hands-on opportunities TLU athletic training students are engaged in.

Interested students should contact the Athletic Training Program Director for dates, times and other details, or go to [tlu.edu/visit](https://tlu.edu/visit) and schedule an individual visit.

For more information, please contact Program Director Dr. Brian Coulombe at [bcoulombe@tlu.edu](mailto:bcoulombe@tlu.edu) and visit [tlu.edu/athletictraining](https://tlu.edu/athletictraining).

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**TLU**  
TEXAS LUTHERAN UNIVERSITY



# TLU

# ATHLETIC TRAINING



Bachelor of Science in Kinesiology | Master of Athletic Training

# What is an Athletic Trainer?

Athletic Trainers (ATs) are health care professionals who work under the direction of a physician to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention, and rehabilitation of injuries and medical conditions. Athletic trainers treat a host of patients including professional, college, high school and youth athletes, dancers, musicians, firefighters, and military personnel. They also work in a variety of locations including schools, physician clinics, hospitals, police and fire stations, and manufacturing plants.



## Becoming an Athletic Trainer

To become a certified athletic trainer, a student must complete an graduate level curriculum that is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). Upon graduation, students become eligible for national certification by successfully completing the Board of Certification (BOC) examination.

TLU's Master of Athletic Training (MAT) program is CAATE accredited and offers students two routes through the curriculum. Traditional freshman and transfer students have the opportunity to complete undergraduate and graduate degrees in a 5-year concurrent program that awards a Bachelor of Kinesiology and a Master of Athletic Training upon completion. Students that already hold an undergraduate degree can apply directly to the graduate portion of the program and complete the Master of Athletic Training degree in two years

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**Athletic training courses are some of the smallest classes offered at TLU.** Curriculum courses taken in the professional phase of the program typically have less than 10 students.



# Emergency Care, Diagnosis, & Rehab

## Why TLU Athletic Training?

At TLU, athletic training students are regularly exposed to clinical and situational learning throughout all levels of the program. The TLU athletic training program focuses on involving students in all aspects of patient care decisions, as it prepares them for their allied health career. Experiences include travel with individual teams, evaluation of injuries, creating rehabilitation programs, and communicating with coaches and other athletics staff. Athletic training students gain further clinical experience by observing surgical procedures and working in physician offices, physical therapy clinics, and area high schools.

The first year of the program focuses on making sure students have a successful transition to college and begin athletic training academic coursework in addition to their general education. During the sophomore and junior years, students may begin an optional pre-professional program where they will learn foundational athletic training knowledge and gain experience in the TLU athletic training clinic. The last two years are dedicated to graduate-level athletic training coursework along with clinical experiences designed to provide patient care opportunities. As part of the final, culminating semester, students select and participate in a full-time clinical education setting while completing online courses. During this immersive period, they are assisting in actual patient care situations and preparing themselves for work after graduation. Once the professional phase is completed, students are eligible to become nationally certified athletic trainers through the Board of Certification (BOC) and for Texas state licensure.

**TLU athletic training educational experiences often transcend TLU.**

**Our athletic training students regularly attend and present at national and regional athletic training conferences, and are routinely engaged in varying professional advancement opportunities.**



## Our Alumni At Work

TLU graduates are ready for clinical practice on day one of initial employment and consistently indicate so on alumni surveys. Our graduates work at high schools, the Division I-III collegiate levels, hospitals, rehabilitative clinics, and in many nontraditional settings with organizations like the U.S. Air Force, fire departments, Delta Airlines, and Amazon

*Alumna Deena Kilpatrick is the athletic trainer for the San Antonio Fire Department.*

## CAATE Accredited Athletic Training Program

TLU's Athletic Training program gained accreditation in 2005 and successfully transitioned to a graduate level curriculum in 2015. In 2021, TLU received a 10-year accreditation award through 2030-2031. **For more information, visit [caate.net](http://caate.net).**

