

Texas Lutheran University
Masters of Athletic Training (MAT) Program
3 + 2 ACADEMIC PROGRESSION



FRESHMAN YEAR

Credit Hours		Coursework	Credit Hours		Coursework
FALL	3	COMP 131: Composition 1	SPRING	3	COMP 132: Composition 2
	3	FREX 134: Freshman Experience		3	KINS 238: Foundations of Athletic Training*
	3	KINS 130: Prev & Care of Ath. Injuries		3	KINS 131: Personal Well Being
	3	KINS 135: Foundations of Kinesiology		3	MATH 133: College Algebra
	3	Gen Ed: Distribution Course		3	Gen Ed: Distribution Course
			3	Gen Ed: Distribution Course	
15			18		

SOPHOMORE YEAR

Credit Hours		Coursework	Credit Hours		Coursework
FALL	4	BIOL 245: Anatomy & Physiology I*	SPRING	4	BIOL 246: Anatomy & Physiology II*
	1	KINS 211P: Athletic Training Practicum		1	KINS 212P: Athletic Training Practicum
	4	KINS 244: Motor Learning		3	Gen Ed: Foundation Course
	3	PSYC 131: Introduction to Psychology*		3	Gen Ed: Foundation Course
	3	Gen Ed: Foundation Course		3	Gen Ed: Distribution Course
	3	Gen Ed: Foundation Course		3	Gen Ed: Distribution Course
18			17		

JUNIOR YEAR

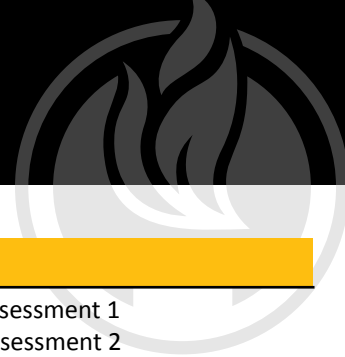
Credit Hours		Coursework	Credit Hours		Coursework
FALL	4	CHEM 147: Principles of Chemistry*	SPRING	1	KINS 312P: Athletic Training Practicum
	1	KINS 311P: Athletic Training Practicum		3	KINS 336: Sport Nutrition*
	3	KINS 3XX: Upper Division Kinesiology		4	KINS 345: Physiology of Exercise*
	3	KINS 3XX: Upper Division Kinesiology		3	KINS 433: Research Design in Kinesiology
	4	KINS 476: Biomechanics*		4	PHYS 141: General College Physics*
	3	STAT 374: Statistics*			
18			15		

*Denotes pre-requisites

IMPORTANT INFORMATION

- This progression is a guideline and courses can be taken in any order.
- Athletic Training Practicum courses (KINS 211P, 212P, 311P, 312P) include a clinical observation requirement to allow students to become acclimated to patient care settings and athletic training practice. These courses are optional.
- Equivalent courses taken at other institutions can be transferred to TLU provided the minimum grade is earned.
- Application to the MAT program occurs during the Junior year. Accepted students begin graduate coursework in the successive summer.

Texas Lutheran University
Masters of Athletic Training (MAT) Program
GRADUATE LEVEL COURSES



SUMMER I

	Credit Hours	Coursework		Credit Hours	Coursework
SUMMER A	3	ATHL 530: AT Concepts	SUMMER B	3	ATHL 570a: Assessment 1
				3	ATHL 570b: Assessment 2
3			6		

FIRST YEAR

	Credit Hours	Coursework		Credit Hours	Coursework
FALL	1	ATHL 513: Injury Case Analysis	SPRING	1	ATHL 512: Research Project
	3	ATHL 531: Clinical Practice 1		3	ATHL 532: Clinical Practice 2
	3	ATHL 573: Acute Care of Athletic Injuries		3	ATHL 536: General Medical Care
	3	ATHL 575: Therapeutic Modalities		3	ATHL 571: Injury Prevention & Wellness
	3	ATHL 577: Therapeutic Exercise & Rehab		3	ATHL 572: Advanced Ther. Interventions
13			13		

SUMMER II

	Credit Hours	Coursework		Credit Hours	Coursework
SUMMER A	3	ATHL 574: Clinical Practice	SUMMER B		(ATHL 574: Clinical Practice)
3					

SECOND YEAR

	Credit Hours	Coursework		Credit Hours	Coursework
FALL	3	ATHL 533: Clinical Practice 3	SPRING	3	ATHL 534: Clinical Practice 4
	3	ATHL 535: Pharmacology in Sports Med.		3	ATHL 538: Advanced Clinical Reasoning
	3	ATHL 576: Athletic Training Administration		3	ATHL 578: Athletic Training Capstone
9			9		

IMPORTANT INFORMATION

- Summer 1 courses are completed in both online (Summer A) and face to face (Summer B) formats. No Clinical Education occurs at this time.
- Clinical assignments begin during the Fall semester of the first year and occur at TLU on-campus sites. Students will be assigned to off campus clinical sites (High School, SAFD, etc.) during the Spring of their first year OR the Fall of their second year.
- Summer 2 course is delivered online and includes a clinical education component with non-traditional patient populations. Students take this course in Summer A OR Summer B.
- Students complete two immersive clinical experiences during the second year: 6 weeks in the Fall and full semester in the Spring. During these experiences, all coursework is delivered online to allow students to experience the totality of being an athletic trainer.