



Texas Lutheran University Degree Plan

Bachelor of Science Kinesiology Teaching/Coaching

Student Name: _____ ID#: _____

Prospective Graduation Date: _____ Catalog Year: 2024-25

General Education	
Take the following Foundation requirements (18 hrs):	
Basic Quantitative Literacy	
	<i>MATH 130 or 133</i>
Critical Reading	
	<i>FREX 134 Exploring the Arts & Sciences</i>
Engaging Faith Traditions	
	<i>THEO 133 Intro to Theology</i>
Modern Language	
	<i>SPAN XXX First Spanish Language Course</i>
Written Communication	
	<i>COMP 131 Composition I</i>
	<i>COMP 132 Composition II</i>

Take the following Distribution requirements (0 hrs):	
Arts 6hrs	
√	<i>VART 136 Art Appreciation</i>
√	<i>Arts Elective</i>
Humanities 12 hrs (no more than 2 courses/discipline)	
√	<i>ENGL 2XX Literature</i>
√	<i>HIST 131 Early North American</i>
√	<i>COMM 374 Professional Speaking</i>
√	<i>SPAN XXX Second Spanish Language Course</i>
Natural Sciences & Math 6 hrs (1 crs w/lab)	
√	<i>BIOL 245 A&P I</i>
√	<i>BIOL 246 A & P II</i>
Social Sciences 6 hrs	
√	<i>POLS 231 American Politics</i>
√	<i>PSYC 236 Developmental Psychology</i>

Complete the following Competencies :			
3 Critical Thinking Courses (T)			
3 Engaged Citizenship Courses (Z)			
2 Communication Courses (C)			
1 Ethics Course (E)			

Reflective Modules (2)	

Distribution Coursework (25 hrs)	
	<i>VART 136 Art Appreciation</i>
	<i>Arts Elective</i>
	<i>HIST 131 Early North American</i>
	<i>HIST 132 Modern North American History</i>
	<i>BIOL 245 A&P I</i>
	<i>POLS 231 American Politics I</i>
	<i>SPAN XXX Second Spanish Language Course</i>
	<i>COMM 374 Professional Speaking</i>

Education & Reading Coursework (30 hrs)	
	<i>EDUC 111 Exploring Teaching</i>
	<i>EDUC 272 Classroom Applications of Technology</i>
	<i>EDUC 331 Foundation of Education</i>
	<i>EDUC 373 Special Populations</i>
	<i>EDUC 374 Found of ESL Ed or EDUC 375 Teaching ESL</i>
	<i>EDUC 421 Student Teaching Seminar</i>
	<i>EDUC 431 Instructional Strategies</i>
	<i>EDUC 438 (w/ST) Classroom Management</i>
	<i>EDUC 460 Student Teaching</i>
	<i>READ 436 (w/ST) Literacy in the Content Areas</i>

Academic Support Courses (33 hrs)	
	<i>BIOL 246 A & P II</i>
	<i>PSYC 236 Lifespan Development</i>
	<i>KINS 135 Foundations of Kinesiology</i>
	<i>KINS 244 Motor Learning</i>
	<i>KINS 345 Physiology of Exercise</i>
	<i>KINS 382 Methods of Teaching PE</i>
	<i>KINS 433 Research design in Kinesiology</i>
	<i>KINS 434 Senior Capstone</i>
	<i>KINS 446 Biomechanics</i>
Take 1 of the following: <i>KINS 373, 374, or 375</i>	

Select one:	
Second teaching specialization (24 hrs):	

OR a Minor (18 hrs) in:	

IMPORTANT: An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All degrees require a minimum of 124 hours. It is the responsibility of the student to fulfill all degree requirements.

Student: _____ Advisor: _____ Dept Chair: _____

Registrar: _____ Date: _____