



Texas Lutheran University Degree Plan

Bachelor of Science in Kinesiology Rehabilitation Science

Student Name: _____ ID#: _____

Prospective Graduation Date: _____ Catalog Year: 2024-25

General Education	
Take the following Foundation requirements (18 hrs):	
Basic Quantitative Literacy	
	<i>MATH133 College Math or higher</i>
Critical Reading	
	<i>FREX134 Exploring the Arts & Sciences</i>
Engaging Faith Traditions	
	<i>THEO133 Intro to Theology</i>
Modern Language	
	<i>Foreign language at 131 level or higher*</i>
Written Communication	
	<i>COMP131 Composition I</i>
	<i>COMP132 Composition II</i>

* The language requirement can also be met by a study abroad program lasting 4 weeks.

Take the following Distribution requirements (15 hrs):	
Arts 6 hrs	
Humanities 12 hrs (no more than 2 courses/discipline)	
√	<i>COMM 374 Professional Speaking</i>
Natural Sciences & Math 6 hrs (1 crs w/lab)	
√	<i>BIOL 245 Human Anatomy & Physiology I</i>
√	<i>CHEM 143 General Chemistry I</i>
Social Sciences 6 hrs	
√	<i>PSYC 131 Introduction to Psychology</i>
√	<i>PSYC 236 Developmental Psychology</i>

Complete the following Competencies :			
3 Critical Thinking Courses (T)			
3 Engaged Citizenship Courses (Z)			
2 Communication Courses (C)			
1 Ethics Course (E)			

Reflective Modules (2)	

Kinesiology Rehabilitation Science (36 hrs)	
	<i>KINS 131 Personal Well-Being</i>
	<i>KINS 135 Foundations of Kinesiology</i>
	<i>KINS 244 Motor Learning</i>
	<i>KINS 345 Physiology of Exercise</i>
	<i>KINS 433 Research Design in Kinesiology</i>
	<i>KINS 434 Capstone</i>
	<i>KINS 446 Biomechanics</i>
	<i>KINS 479 Exercise Testing & Prescription</i>
9 hours of kinesiology (KINS) electives:	

Supporting Coursework (53 hrs)	
	<i>BIOL 143 Biological Systems I</i>
	<i>BIOL 144 Biological Systems II</i>
	<i>BIOL 245 Human Anatomy & Physiology I</i>
	<i>BIOL 246 Human Anatomy & Physiology II</i>
	<i>BIOL 235 Principles of Nutrition</i>
	<i>BIOL 431 General Physiology</i>
	<i>CHEM 143 General Chemistry I</i>
	<i>CHEM 144 Gen CHEM II or 341 Analytical Chem</i>
	<i>COMM 374 Professional Speaking</i>
	<i>PHYS 141 General Physics I</i>
	<i>PHYS 142 General Physics II</i>
	<i>PSYC 131 Introduction to Psychology</i>
	<i>PSYC 236 Developmental Psychology</i>
	<i>PSYC 332 Psychopathology</i>
	<i>STAT 374 Statistics</i>

Electives or minor to total 124 hrs	

122 hrs

IMPORTANT: An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All degrees require a minimum of 124 hours. It is the responsibility of the student to fulfill all degree requirements.

Student: _____ Advisor: _____ Dept Chair: _____

Registrar: _____ Date: _____