Texas Lutheran University Undergraduate Degree Plan

Bachelor of Science : Kinesiology - Teaching/Coaching

Student Name: _____ **ID#:** _____

Prospective Graduation Date: _____ **Catalog Year:** 2024-2025

General Education				
Note	**CrHr**	**Course Title**		**Competency**
18	**hrs**	**Foundation requirements:**		
Basic Quantitative Literacy				
	3	MATH130 College Math or higher		T
Critical Reading				
	3	FREX 134		
Engaging Faith Traditions				
	3	THEO 133		
Modern Language*				
	3	Spanish at 131 level or higher		Z
Written Communication				
	3	COMP 131		
	3	COMP 132		
*Can be met by a study abroad program lasting 4+ weeks				
32	**hrs**	**Distribution requirements:**		
	6	**Arts**		
	3	VART	136	C
	3	VART	Elective	
	12	**Humanities (Max 2 courses/discipline)**		
	3	HIST	132	Z
	3	HIST	131	Z
	3	COMM	374	C
	3	SPAN	132 or higher	Z
	6	**Natural Sciences & Math (1 crs w/lab)**		
	4	BIOL	245	T
	4	BIOL	246	T
	6	**Social Sciences**		
	3	POLS	231	T
	3	PSYC	236	T

Complete each of the following **Competencies:**			
3 Critical Thinking Courses (T)	X	X	X
3 Engaged Citizenship Courses (Z)	X	X	X
2 Communication Courses (C)	X	X	
1 Ethics Course (E)	X		

Reflective Modules (2)	

109	**Total Hours – 124 Hours Needed**

Student: _____

Advisor: _____

Dept Chair: _____

Registrar: _____

Date: _____

26	**hrs**	Kinesiology - Teaching/Coaching	
Note	**CrHr**	**Course Title**	**Competency**
	3	KINS 135 Foundations of Kinesiology	E
	4	KINS 244 Motor Learning	
	3	KINS 345 Physiology of Exercise	
	3	KINS 382 Methods of Teaching PE	
	3	KINS 433 Research Design in Kinesiology	
	3	KINS 434 Senior Capstone	
	4	KINS 446 Biomechanics	
	3	KINS 373 or 374 or 375	
3	**hrs**	**Specialization**	
30	**hrs**	**Supporting Coursework**	
	1	EDUC 111 Exploring Teaching	
	3	EDUC 272 Classroom Apps of Technology	
	3	EDUC 331 Foundations of Education	
	3	EDUC 373 Special Populations	
	3	EDUC 374 or 375 (ESL)	
	2	EDUC 421 Student Teaching Seminar	
	3	EDUC 431 Instructional Strategies	
	3	EDUC 438 (w/ST) Classroom Management	
	6	EDUC 460 Student Teaching	
	3	READ 436 (w/ST) Literacy in the Content Areas	
0	**hrs**	**Electives / Minor**	
		Option 1	
		Second teaching specialization	
		Option 2	
		Minor	

IMPORTANT: An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All undergraduate degrees require a minimum of 124 hours. It is the student's responsibility to fulfill all degree requirements.