



# TLU | ATHLETIC TRAINING

## Bachelor of Science in Kinesiology

## Master of Athletic Training



Athletic Trainers (ATs) are health care professionals who work in a variety of locations under the direction of a physician to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention, and rehabilitation of injuries and medical conditions.

### To become an Athletic Trainer, you must:

- Complete a graduate-level curriculum accredited by the Commission on Accreditation of Athletic Training Education (CAATE).
- Complete the Board of Certification (BOC) examination.

### TLU's CAATE-Accredited Master of Athletic Training (MAT) program:

- 5-year Concurrent Track: Complete your undergraduate and graduate degrees concurrently, earning both a Bachelor of Kinesiology and Master of Athletic Training upon completion.
- Traditional Master's Track: Students already holding an undergraduate degree can apply directly to the graduate portion of the program and complete the Master of Athletic Training degree in two years.

### The TLU Advantage:

Hands-on patient care experiences begin in the first full semester and include:

- Evaluation of injury and illness
- Creation of rehabilitative exercise programs
- Communication with medical professionals, athletic trainers, coaches, and other athletics staff
- Travel with individual athletic teams

**Small cohort-style program allowing for individualized instruction and attention.**

The second year includes two separate immersive clinical experiences where students are exposed to the totality of being an Athletic Trainer.

The final semester 16-week immersive experience is based on student request and can be completed anywhere in the country.

### Previous placements include:

- University of Missouri
- Boston Free Jacks Rugby
- University of Texas, San Antonio
- FC Dallas
- Houston Dynamo and Dash
- Louisiana State University
- Various Texas high school settings

### Visit Days

Individuals and groups are encouraged to visit the campus to talk to TLU's athletic training faculty and students, ask questions, attend a class, and tour the athletic training clinic and campus. Visit during one of our home football games and shadow our Master of Athletic Training students to see what their clinical experiences are like.



For more information, contact Dr. Brian Coulombe,  
Associate Professor and Director of Athletic Training  
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[lu.edu/programs/master-of-athletic-training](http://tlu.edu/programs/master-of-athletic-training)

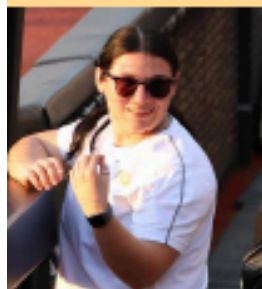
# TLU Alumni – Where They Are Now



## Alexx Rasmus

2022 TLU MAT graduate and  
Outreach Athletic Trainer, Houston  
Methodist Willowbrook Hospital

*“TLU’s MAT program really prepared me for the field. The program has a great design to help you be a well-rounded clinician. My experiences in the program helped me gain the tools needed to best serve my patients. My professors and preceptors were always such great motivators during my time in the program and always pushed me to be better.”*



## Alyssa Macias

2022 TLU MAT graduate and  
Softball athletic Trainer, University  
of Missouri

*“TLU’s Athletic Training program assisted me in building connections that I needed to help me step out of my comfort zone and further develop my professional skills as an athletic trainer. I was able to see how different athletic trainers at various levels and settings utilize their resources to accomplish the same goal of helping our patients get back to doing something they love.”*

# EXPAND YOUR OPPORTUNITIES WITH A MASTER’S DEGREE IN ATHLETIC TRAINING FROM TLU



## Bianca Ramirez

2019 TLU MAT graduate, LAT,  
ATC and Athletic Trainer, Harlan  
High School, San Antonio

### Texas Lutheran University’s Athletic Training program played a pivotal role in my journey to success.

The program offered diverse clinical settings, both on and off campus, providing me with hands-on experience in various environments. This exposure was instrumental in developing my skills and deepening my understanding of the field. Our professors went above and beyond by organizing alumni Zoom calls and offering volunteer opportunities, fostering networking, and exploring different career paths within the profession. The unwavering support and guidance from my professors and preceptors propelled me to reach my full potential as an athletic training student. I commend the way our professors designed the TLU MAT program; it truly set me up for unparalleled success in this field. Collaborating with our preceptors daily refined our evaluation skills and instilled in us the confidence necessary to thrive in this profession.

The Master of Athletic Training program at Texas Lutheran University is truly exceptional. Not only do they offer small cohorts that facilitate personalized interactions with professors, but they also provide hands-on clinical experience. I also valued the one-on-one time we had with our professors and preceptors, which prepared us for high-pressure situations and enabled us to handle the challenges we will encounter in the field. I have had the privilege of meeting professionals from various universities, and I am proud to say that the TLU MAT program has equipped me for success in this field. The hands-on experience and critical thinking skills we gained through our daily interactions with preceptors and athletes have been invaluable assets. Additionally, our professors have consistently demonstrated a commitment to our success, and I appreciate their ongoing support and willingness to assist us with any questions or concerns.



Updated Jun. 2025

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