Texas Lutheran University Undergraduate Degree Plan

Bachelor of Science : Kinesiology - Sports & Fitness Management

Student Name: _____ **ID#:** _____

Prospective Graduation Date: _____ **Catalog Year:** 2024-2025

General Education			
Note	**CrHr**	**Course Title**	**Competency**
18	**hrs**	**Foundation requirements:**	
Basic Quantitative Literacy			
	3	MATH130 College Math or higher	T
Critical Reading			
	3	FREX 134	
Engaging Faith Traditions			
	3	THEO 133	
Modern Language*			
	3	Foreign language at 131 level or higher	Z
Written Communication			
	3	COMP 131	
	3	COMP 132	
*Can be met by a study abroad program lasting 4+ weeks			
32	**hrs**	**Distribution requirements:**	
	6	**Arts**	
	3		
	3		
	12	**Humanities (Max 2 courses/discipline)**	
	3		
	3		
	3		
	3		
	6	**Natural Sciences & Math (1 crs w/lab)**	
	4	BIOL 245	T
	4	CHEM 147	T
	6	**Social Sciences**	
	3	ECON 237 or SOCI 130	
	3		

Complete each of the following **Competencies:**			
3 Critical Thinking Courses (T)	X	X	X
3 Engaged Citizenship Courses (Z)	X		
2 Communication Courses (C)	X		
1 Ethics Course (E)	X		
Reflective Modules (2)			

105	**Total Hours – 124 Hours Needed**

Student: _____

Advisor: _____

Dept Chair: _____

Registrar: _____

Date: _____

39	**hrs**	Kinesiology - Sports & Fitness Management	
Note	**CrHr**	**Course Title**	**Competency**
	3	KINS 131 Personal Well-Being	
	3	KINS 135 Foundations of Kinesiology	E
	4	KINS 244 Motor Learning	
	4	KINS 345 Physiology of Exercise	
	3	KINS 433 Research Design in Kinesiology	
	3	KINS 434 Capstone	
	4	KINS 446 Biomechanics	
	3	KINS 479 Exercise Testing & Prescription	
	1	KINS 1hr Elective	
	1	KINS 1hr Elective	
	1	KINS 1hr Elective	
	3	KINS Elective	
	3	KINS Elective	
	3	KINS Elective	
0	**hrs**	**Specialization**	
16	**hrs**	**Supporting Coursework**	
	4	BIOL 256 Human Anatomy & Physiology II	T
	3	BUSI 231 or 235 Principles of Financial Accounting	
	3	BUSI 337 Principles of Marketing	
	3	BUSI 373 Principles of Management	
	3	BUIS 378 Business Communications	C
0	**hrs**	**Electives / Minor**	

IMPORTANT: An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All undergraduate degrees require a minimum of 124 hours. It is the student's responsibility to fulfill all degree requirements.